



Cascade Pacific Council

TRAIL TO FIRST CLASS

KNOTS & LASHING

REQUIREMENTS & ACTIVITY SHEET

Scout: 4a & 4b, Tenderfoot: 3a, 3b, 3c, & 8

Second Class 2f & 2g, First Class: 3a, 3b, 3c, & 3d

KNOTS & LASHING

Knot Tying: Check out the links below for some video tutorials on how to tie a square knot, two half-hitches, a taut-line hitch, sheet bend, bowline, timber hitch, and clove hitch.

[Advancement Academy: Tenderfoot & 10 Essential Scouting Knots](#)

Scout 4a. Show how to tie a square knot, two half-hitches, and a taut-line hitch. Explain how each knot is used.

How to use a Square Knot:

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How to use a Two Half-Hitches:

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How to use a Taut-Line Hitch:

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Scout 4b. Show the proper care of a rope by learning how to whip and fuse the ends of different kinds of rope.

Rope Care

Check out [this tutorial](#) on how to whip and fuse rope from Boys' Life. Practice at home.

Tenderfoot 3a. Demonstrate a practical use of the square knot.

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Tenderfoot 3b. Demonstrate a practical use of two half-hitches.

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Tenderfoot 3c. Demonstrate a practical use of the taut-line hitch.

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Tenderfoot 8. Describe the steps in Scouting's EDGE method. Use the Teaching EDGE method to teach another person how to tie the square knot.

The EDGE Method

Explain . Demonstrate . Guide . Enable

Who I Taught:

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Second Class 2f. Demonstrate tying the sheet bend knot. Describe a situation in which you would use this knot.

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Second Class 2g. Demonstrate tying the bowline knot. Describe a situation in which you would use this knot.

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First Class 3a. Discuss when you should and should not use lashings.

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First Class 3b. Demonstrate tying the timber hitch and clove hitch.

First Class 3c. Demonstrate tying the square, shear, and diagonal lashings by joining two or more poles or staves together.

First Class 3d. Use lashings to make a useful camp gadget or structure.

What I Made:

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