



BEAR HIKING HUNT CHALLENGE

LOOK FOR THE ITEMS BELOW & COMPLETE THE TASK WHEN YOU FIND THE ITEM! IF YOU ARE UNABLE TO DO A TASK- JUST MODIFY TO YOUR ABILITIES! REMEMBER TO HAVE FUN!



**SPIDERWEB WITH SPIDER:
NAME THE 6 ESSENTIALS
WHY IS EACH IMPORTANT?**



**RED LEAF:
FROG LEAP
FOR 20 FEET**



**TWO ANIMAL TRACKS:
IDENTIFY & ACT LIKE THE
ANIMAL THAT MADE EACH**



**PINECONE ON A BRANCH:
DO 15 LUNGES
WITH EACH LEG**



**FERN:
RUN IN PLACE FOR
ONE MINUTE**



**WATER SOURCE:
SKIP FOR 10 FEET**



**BENCH:
DO 5 HIGH KNEES
(LIFT BENT LEG TO SKY)**



**SQUIRREL:
DO 5 JUMPING SQUATS
(SQUAT TO A JUMP)**



**POISONOUS PLANT:
SAY 8 POINT'S OF
THE SCOUT LAW**



**BRIDGE ON A TRAIL:
DO 5 PUSHUPS**



**SNAIL OR SLUG:
KICK AS HIGH AS
YOU CAN 5 TIMES**



**ACORN:
TWO SETS OF 6 STRETCHES
FOR 30 SECONDS EACH**



CASCADE PACIFIC COUNCIL



LEAVE NO TRACE

Know before you go! Choose the right path! Trash your trash! Leave what you find! Be careful with fire!

Respect Wildlife! Be kind to others!