

## ADULT HIKING HUNT CHALLENGE

LOOK FOR THE ITEMS BELOW & COMPLETE THE TASK WHEN YOU FIND THE ITEM! IF YOU ARE UNABLE TO DO A TASK- JUST MODIFY TO YOUR ABILITIES! REMEMBER TO HAVE FUN!



RACCOON: DO A 25 YARD DASH. THEN TELL ABOUT YOUR FAVORITE MEMORY



SPIDER IN THE WEB: JOG IN PLACE FOR 1 MINUTE. THEN DO 10 JUMPING JACKS



INCENSE CEDAR: DO 5 STANDING LONG JUMPS, THEN SHARE A TEN YEAR GOAL YOU HAVE



BLACK-LEGGED KITTIWAKE: REMEMBER THAT FAVORITE DANCE GROWING UP? DANCE FOR 1 MINUTE



PAPER BIRCH: DO 3 SETS OF 20 TOE TOUCHES. THEN SPIN AROUND 5 TIMES



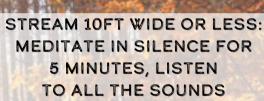
RED-TAILED HAWK: CREATE A VIDEO TO SHARE ON SOCIAL MEDIA ABOUT THE FUN OF BEING ADULT SCOUTER



BLACK HAWTHORN: STRETCH FOR 5 MINUTES. TELL ABOUT YOUR FAVORITE TV SHOW GROWING UP



BALD EAGLE FISHING: DO WALKING LUNGES FOR 1 MINUTE, THEN SHARE YOUR FAVORITE JOKE





DIDELPHIS VIRGINIANA: DO 10 SUMO SQUATS, THEN SHARE YOUR FAVORITE CAMPING SPOT & WHY



TRAIN TRACKS: EXPLAIN WHY YOU SHOULDN'T WALK ON TRAIN TRACKS & DO 10 SQUATS

THAMNOPHIS ORDINOIDES: DO 20 HIGH KICKS WITH EACH LEG, THEN NAME ONE FAMILY YOU COULD INVITE TO SCOUTING

CASCADE PACIFIC COUNCIL

## LEAVE NO TRACE

Plan ahead & prepare! Travel & camp on durable surfaces! Dispose of waste properly! Leave what you find! Minimiže campfire impacts! Respect wildlife! Be considerate of others!