

## WEBELOS HIKING HUNT CHALLENGE

LOOK FOR THE ITEMS BELOW & COMPLETE
THE TASK WHEN YOU FIND THE ITEM! IF YOU ARE
UNABLE TO DO A TASK- JUST MODIFY TO
YOUR ABILITIES! REMEMBER TO HAVE FUN!



SPIDERWEB WITH SPIDER:
DEMONSTRATE & EXPLAIN
WHY WARM UP IS IMPORTANT
BEFORE EXERCISING



1 RED & 1 ORANGE LEAF: RECITE THE SCOUT OATH, THEN DO A SILLY DANCE



TWO ANIMAL TRACKS:
IDENTIFY THE TRACKS,
THEN DO A 20 YARD DASH



PINECONE'S ON A TREE: DO 2 SETS OF 10 LUNGES WITH EACH LEG



TREE WITH MOSS ON NORTH:



WATER SOURCE:
SKIP FOR 20 FEET,
THEN DO 5 SQUATS & SKIP
BACK TO START SPOT



BENCH: DO 10 HIGH KNEES (LIFT BENT LEG TO SKY)



SQUIRREL:
DO 10 JUMPING SQUATS
(SQUAT TO A JUMP)



POISON IVY:
DEMONSTRATE & EXPLAIN
WHY COOLING DOWN IS
IMPORTANT AFTER EXERCISE



BRIDGE ON A TRAIL: DO 10 PUSHUPS



SNAIL OR SLUG: KICK AS HIGH AS YOU CAN 10 TIMES



ACORN:
THREE SETS OF 6 STRETCHES
FOR 30 SECONDS EACH

CASCADE PACIFIC COUNCIL

## LEAVE NO TRACE

Know before you go! Choose the right path! Trash your trash! Leave what you find! Be careful with fire!

Respect Wildlife! Be kind to others!