SCOUT/TENDERFOOT HIKING SCOUT CHALLENGE IF YOU ARE A SCOUT, HERE'S AN OPPORTUNITY TO WORK

ON A FEW ADVANCEMENT REQUIREMENTS!

Repeat from memory the Outdoor Code. In your own words, explain what the Outdoor Code means to you. (see Scout Rank le)

Tell how you practiced the Outdoor Code on a hike. (see Tenderfoot 1c)

Explain the importance of the buddy system as it relates to your personal safety on outings and in your neighborhood. Use the buddy system while on a hike. (see Tenderfoot 5a)

Describe what to do if you become lost on a hike our campout. (see Tenderfoot 5b)

Explain the rules of safe hiking, both on the highway and cross-country, during the day and at night. (see Tenderfoot 5c)

Participate in a service hike that involves trail clean-up or trash sweep. (see Tenderfoot 7b)

Assemble a personal first-aid kit to carry with you on future hikes and outings. Tell how each item in the kit would be used. (see Tenderfoot 4d)

Describe common poisonous or hazardous plants; identify any that grow in your local area and tell how to treat for exposure to them. (see Tenderfoot 4b)

Show fi<mark>r</mark>st aid for blisters on the hand and foot. Tell what you can do while on hike to prevent them. (see Tenderfoot 4a &c)

Show first aid for bites or stings of insects and ticks. Tell what you can do while on a hike to prevent them. (see Tenderfoot 4a &c)